



(252) 480-2855 • [www.goodlifegourmet.com](http://www.goodlifegourmet.com)

**TAKEOUT TRAYS & BOX LUNCHES**  
**252-480-2855 \*Prices subject to change**

**Fresh fruit salad tray** (minimum of 10 people)--**\$3.95 per person**

**Fresh cut fruit tray**—an array of fresh cut fruit & berries served with fruit dip (minimum of 10 people)--**\$3.95 per person**

**Fresh cut vegetable tray**—a selection of fresh cut vegetables with dip (minimum of 10 people)--**\$2.95 per person**

**Deluxe antipasto tray**—an array of genoa salami, pepperoni, cappicola, mortadella, provolone, fresh mozzarella, marinated mushrooms, marinated asparagus, hot cherry peppers, pepperoncini, green olives, kalamata olives, & roasted red pepper slices (minimum of 10 people) --**\$5.25 per person**

Add crusty roll--**\$.75 per person**

**Mixed green salad tray**—fresh mixed greens with carrots, onions, tomato slices, cucumber slices, & fresh pepper slices served with choice of 2 dressings (minimum of 6 people) --**\$4.75 per person**

**Pasta salad tray**—choice of any combination of potato salad, sesame thai noodles, or assorted pasta salads (minimum of 10 people)--**\$3.50 per person**

**Classic Ceasar salad tray**—Fresh romaine with reggiano parmesan & house-made croutons served with house-made dressing on the side (minimum of 6 people) --**\$5.95 per person**

**Baby spinach salad tray**—baby spinach topped with red onion, crumbled feta cheese, fresh mushrooms, hard-boiled egg, Applewood smoked bacon, & roasted red peppers served with balsamic vinaigrette (minimum of 6 people) --**\$6.95 per person**

**Chef salad tray**—mixed greens, choice of roast beef, ham, or turkey, shredded cheese, hard-boiled egg, shredded carrot, red onion, tomato, fresh red pepper, cucumber, & house-made croutons with choice of dressing (minimum of 6 people) --**\$7.95 per person**

**Dressings:** ranch, raspberry vinaigrette, balsamic vinaigrette, blueberry pomegranate, citrus basil, 1000 island, blue cheese, Ceasar.

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**Meat/seafood salad tray**—choice of any combination of chicken salad, tuna salad, ham salad, mahi salad, or shrimp salad served over mixed greens (minimum of 6 people) -- **\$7.95 per person**

**Build your own sandwich tray**—an assortment of sliced meats & cheeses served with sliced tomato, onion, lettuce leaves, roasted red pepper slices, deli mustard, mayo, & sliced whole wheat & rye bread (minimum of 10 people) --**\$7.50 per person**; Add chips & pickle--**\$.50 per person**

**Assorted sandwich/wrap tray**—an assortment of various types of sandwiches and wraps made with different breads, wraps, & stuffing (minimum of 10 people) --**\$7.50 per person**; Add chips & pickle--**\$.50 per person**

**Grinder (sub) tray**—an assortment of Good Life grinders (subs) cut in quarters (minimum of 6 people) --**\$7.95 per person**; Add chips & pickle--**\$.50 per person**

**Box lunches**—choice of any sandwich or wrap, chips, pickle & ¼ lb. Good Life cookie with fountain drink served in a box --**\$9.95 per person**

**Assorted pastry tray**—an assortment of bagels, turnovers, cinnamon rolls, muffins, scones, croissants, etc. with butter, jelly, & cream cheese (minimum of 10 people) -- **\$2.75 per person**

**Cookie tray**—assortment of mini Good Life cookies (minimum of 10 people) --**\$2.50 per person**

**Mini dessert tray**—an assortment of mini desserts including dessert bars, cheesecakes, brownies, etc. (minimum of 10 people) --**\$5.95 per person**

**Cheese & cracker tray**—assorted cheese & crackers (minimum of 10 people)--**\$3.50 per person**

**THE GOOD LIFE GOURMET IS LOCATED AT MP 4.5 IN KITTY HAWK BETWEEN MISS LIZZIE'S & DIAMONDS n DUNES.**